

Personal Training Program Guide

Expand your training
services and manage
clients more efficiently



YOUR PARTNER IN FITNESS TECHNOLOGY

FitLinxx can help you **ATTRACT** and proactively **IDENTIFY** potential clients with automated **MONITORING** tools to provide ongoing support.

Use Broadcast Messaging to promote your menu of personal training services – letting the technology do the selling to attract members and manage clients more efficiently.

Identify great candidates mining data gathered in FitLinxx from their Interests and Fitness Goals to their Health Conditions and Workout Progress, parsing out particular groups to easily access.

Automated Performance Triggers monitor members' overall performance over time to flag when they plateau and in need of a refreshed program, or exhibiting problems with their exercise program and in need of personal attention.

About ActiveLinxx

ActiveLinxx's FitLinxx System helps address challenges to growing personal training revenue. It is a smart workout tracking technology that improves member engagement, helps staff better assist members, and gives members the support and motivation to reach their health and fitness goals.